



Learn-to-Swim Program Imperial Oaks 2018

Group: _____ **Price:** _____ **Length:** _____

- 8 lessons \$90 per session 30 min.
- Lessons given over a 2 week period (Tuesday – Friday)
- 5 student *maximum* per class / 1 instructor – All groups are held at Laguna Pool
- One time per summer registration fee of \$12 per student

Private: _____ **Price:** _____ **Length:** _____

- 1 student / 1 instructor \$35 per lesson 30 minutes
- Must purchase a *minimum* of 4 lessons to be used in a 3 week period
- One time per summer registration fee of \$12 per student

Semi-Private: _____ **Price:** _____ **Length:** _____

- 2 students / 1 instructor \$20/lesson per student 30 minutes
- Must purchase a *minimum* of 4 lessons to be used in a 3 week period
- Semi-Privates must be coordinated prior to registration by parent interested in booking the lesson
- DS will not find the other participant for Semi-Private lessons
- One time per summer registration fee of \$12 per student

GROUP SESSIONS

- Session 1 – June 5th – 15th (Tuesday-Friday)
- Session 2 – June 19th – 29th (Tuesday – Friday)
- Session 3 – July 10th – 20th (Tuesday – Friday)
- Session 4 – July 24th – Aug. 3rd(Tuesday-Friday)

GROUP LESSON TIMES

- 9:00am, 9:30am, 10:00am & 10:30am
- Group level and times to be determined based upon interest

Class	Ages	Level	Class Prerequisites	Class Description
Parent/Child	6mon.-3 yrs.	P/C	None	Parents must be in the water with the child. Designed to teach the parent to help their child become familiar with the water.
Turtles I	3-5 yrs.	L1	3-5 years old beginner	Entry level/beginner. Students will need assistance with skills. Includes blowing bubbles, floating, kicking, and retrieving objects under water.
Turtles II	6-12 yrs.	L1	6-12 years old beginner	Entry level/beginner. Students will need assistance with skills. Includes blowing bubbles, floating, kicking, and retrieving objects under water.
Dolphins I	3-5 yrs.	L2	3-5 years old submerge face and head, float on front and back	For children comfortable in water. They may or may not need assistance with skills. Front crawl, back crawl and breaststroke are introduced.
Dolphins II	6-12 yrs.	L2	6-12 years old submerge face and head, float on front and back	For children comfortable in water. They may or may not need assistance with skills. Front crawl, back crawl and breaststroke are introduced.
Whales I	3-5 yrs.	L3	Swim 10 feet unassisted, Head in water, float front and back	Stroke Development. Children must be comfortable swimming 10 feet unassisted. Continued work on front & back crawl. Breaststroke, butterfly and treading water will be introduced.
Whales II	6-12 yrs.	L3	Swim 10 feet unassisted, Head in water, float front and back	Stroke Development. Children must be comfortable swimming 10 feet unassisted. Continued work on front & back crawl. Breaststroke, butterfly and treading water will be introduced.
Sharks	6-12 yr.	L4	Swim 25 yds. Unassisted, able to swim front and back crawl	Stroke Refinement. Class is to fine-tune competitive swimming strokes. Front & back crawl, breaststroke, and butterfly. Purpose is to build endurance.

To register for lessons please visit www.dsrec.com
For questions or more information, please call DS REC at
(281) 443-POOL (7665), email Erin at erin@dsrec.com